

Lochside Park artificial turf project nears completion

WITH the artificial turf due to be laid mid-month, the new soccer field at Lochside Park should be ready for play within three or four weeks of the season opening on September 6.

Frank Leversedge, a Cordova Bay Soccer Club spokesman, told *The Cordovan* that with the pouring and forming of the peripheral concrete curbing and truckloads of drain rock and gravel installed over the levelled and compacted base, club members have been laying the drainage-shock pad over which the turf will be installed. "It's installed like a giant jigsaw puzzle," he explained.

A professional crew was due to install the actual turf beginning September 8 and taking about 10 days.

Andrew Giles, Saanich Parks construction and maintenance manager, added that even after laying the turf is completed there will likely be some landscaping and other details that would continue to the end of the year.

Leversedge and Giles acknowledge

that without extensive contributions from numerous individuals and the Cordova Bay business community the project would not have been possible. "This is a truly a community project for a community amenity," said Leversedge.

In addition to volunteer labour provided by the club, more than \$800,000 was raised in grants, loans and donations. Donated equipment contributed to keeping the cost below the original estimate of \$1.2 million, \$100,000 of which was funded by a grant from the Municipality of Saanich.

Project manager is Brian Roach, consultant contract manager at Defence Construction Canada. The construction manager is Darren Bohnet, owner of Argus Excavating. The contractors are Argus Excavating, Capital city Paving, Knapett Projects and South Island Aggregates.

Last season the Cordova Bay Soccer Club had 595 registered players comprising 234 boys, 181 girls, 120 men and 60 women.

CORDOVA BAY ASSOCIATION EXECUTIVE

President: Roger Stonebanks, 5050 Lochside Dr., V8Y 2E9. 250-658-5125. Email: rstonebanks@telus.net

First Vice-President: Position vacant

Second Vice-President: Penny Joppe, 7-4771 Lochside Dr., V8Y 2L7. 250-658-8566. Email: pen.ton@shaw.ca

Secretary: Hanny Pannekoek, 4651 Sunnymead Way, V8Y 2Y4. 250-385-2299. Email: hannyhugo@shaw.ca

Membership Secretary: Janice de Cunha, 4979 Cordova Bay Rd., V8Y 2K1. 250-658-8044. Email: jmdecunha@shaw.ca

Treasurer: Jeanette McKay, 5031 Benton Ct., V8Y 2Z5. 250-658-4888. Email: jymckay@shaw.ca

Traffic committee chair: Wayne Christmas, 5087 Lochside Dr., V8Y 2G2. 250-658-2290. Email: wayne.christmas@telus.net

Planning committee chair: Jack Colbert, 5005 Bonanza Pl., V8Y 3E1. 250-658-0507. Email: jack_colbert@telus.net

Directors at large: Jennifer Furtado, 821 Sayward Rd., V8Y 1R5. 250-658-4884. Email: bornfurtado@gmail.com

David Kuprowsky, 5312 Williams Hill Rd., V8Y 3H6. 250-475-6114. Email: jkuprowsky@shaw.ca

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Cordova Bay Association, P.O. Box 41004, Cordova Bay P.O., Victoria, B.C. V8Y 3C8.

The CBA web site is www.cbasn.com and includes an on-line version of *The Cordovan*.

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**Dangerous corner causes
yet another accident**

THIRTY-FIVE Cordova Bay residents met with Councillor Vicki Sanders at the intersection of Sayward/Fowler/Hunt Roads on August 9 to discuss changes to a dangerous location that recently sent two drivers to hospital.

As co-chair of Saanich's administrative traffic committee, Sanders invited grassroots suggestions for improving traffic flow.

Major changes suggested by residents included a T-intersection with three-way stops, or a traffic circle. Minor changes included better signage to slow traffic down and the presence of Saanich police to ticket speeders.

Jennifer Furtado, a Cordova Bay Association director who lives on Sayward Road, says vehicles travel too fast for a road with poor visibility. When the road curves abruptly where Sayward changes to Fowler two blocks down the hill from Pat Bay Highway, drivers are unprepared, she adds.

Drivers overtake recklessly and lose control, and within one month of moving to the street, Furtado's address sign at her driveway entrance was taken out twice. She constantly hears screeching tires.

The Cordova Bay Association has raised concerns about the intersection at open houses held by the municipality but there has been no response from the engineering department. When approached, Saanich Police stated they do not keep records of motor vehicle accidents at specific intersections.

Councillor Sanders said she will take residents' suggestions to Saanich engineering. CBA president Roger Stonebanks commented he hopes her involvement and the recent accident will lead Saanich into a priority examination of this corner and its problems.

Plaza pollution mediation makes steady progress

MEDIATION over responsibility for underground gasoline pollution that has affected Cordova Bay Plaza will likely continue this fall, Shell Canada spokeswoman Jana Masters told *The Cordovan* in mid-August.

A B.C. Supreme Court case that was to have gone to trial last May was adjourned in favour of private mediation which has begun. Shell Canada owns the fenced-off former Pay Less Gas station at Cordova Bay Road and Doumac Road. The gas station closed in 1997 and Shell operated an on-site pollution remediation system from 2002 to 2006.

Plaza spokeswoman Brenda Ferguson told *The Cordovan* that the court case will remain on hold while the mediation process seems fruitful. She said Chevron Canada, which operated a gas station on the plaza site until 1981, brought in expensive equipment to do tests for soil samples. As well, the plaza brought in its own equipment to suck gasoline out of test wells.

She said Shell, Chevron and the plaza have had a number of meetings as well as two mediation sessions in Vancouver. All three parties are talking and co-operating on information sharing and while slow, progress is being made, she said.

Until issues regarding the underground

gasoline pollution, responsibility and remediation are resolved the Ministry of the Environment cannot issue its site certificate and Saanich cannot issue the development permit for the new shopping centre that council approved in 1999. The present shopping centre opened in 1960.



VICKI SANDERS

Saanich Councillor

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Meet TGF-B3, your skin's new best friend

By Dr. Lance Setterfield

MY PREVIOUS article on skin needling described how the skin acts as a barrier to any creams applied, only allowing a meager seven percent penetration. Using a cosmetic roller allows up to 87 percent.

The medical roller has the advantage of allowing more nutrients to pass through the skin as well as causing microscopic injuries to the blood vessels just below the surface. This results in a release of chemicals from platelets to begin the healing process with new collagen and elastin, the two things needed for healthier, tighter, smoother skin.

What is so special about this procedure? Most treatments rely on the use of chemicals, light or radio-frequency to burn the skin, which leads to release of TGF-B1 and TGF-B2 (TGF is transforming growth factor) and production of scar collagen (thick, parallel orientated bundles).

Medical rolling, on the other hand, releases TGF-B3 which promotes natural collagen, with scarless wound healing.

Another exciting advantage of medical needling is that pigment cells are not negatively impacted, minimizing the risk of post inflammatory hypo- or hyper-pigmentation, even with sun exposure after the treatment. Unlike laser treatment, it is safe for all skin colors.

In a recent German study, patient satisfaction was scored on a scale of 1-10. Those with wrinkles averaged 4.5 before needling and 8.5 after treatment. With scarring, results were 3.0 and 7.5 and with stretch marks/lax skin 3.5 before and 8.0 after.

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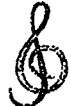
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**Daytime break-ins hit two
 Cordova Bay properties**

HOMES IN THE Del Monte and Ocean Wood areas were named by Saanich police as targets of daytime break-and-enters during July, prompting renewed warnings not to leave doors or windows unsecured when leaving the house.

Jewelry and laptop computers are two of the favourite items stolen by property criminals, say the police. They advise that jewelry not normally worn should be kept in a safety deposit box and all family electronics should be engraved with the driver's licence number of a family member.

Using a driver's licence number rather than a social insurance number makes identification of the owner much faster, involving hours rather than days.

But in the first place, all windows and doors should be secured before leaving home for work, for the day or for the weekend.

Regular checks advised by the police include making sure no items such as ladders are left lying around the yard to make it easier for criminals to access balconies or upper floors. Saanich police also offer free home security inspections of both a home's exterior and interior to identify ways to prevent break-ins. A written list of recommendations is included in the service.

Engravers used to mark your property are available on loan from the Block Watch office, phone 250-475-4365, or email at blockwatch@saanichpolice.ca

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Municipal Election, 2008

CBA hosts all-candidates' meeting on October 29

CORDOVA BAY voters are being urged to attend an all-candidates' meeting to be held on Wednesday, October 29, starting at 7:00 p.m. in The Ridge Playhouse at Claremont Secondary School. The meeting is organized jointly by the Cordova Bay Association and the Blenkinsop Valley Community Association.

All candidates in the November 15 Saanich municipal election are being invited to attend. Each candidate will make a brief speech, and a moderated question and answer period will follow. There will also be an opportunity for informal talks with each candidate.

The November 15 election will be for Saanich council and trustees for the District of Saanich section of School District 63.

Interestingly, this year's all-candidates' meeting may see fewer contestants for public office since Saanich council has narrowly voted to increase the number of nominations each candidate requires from two to 10.

A recent amendment to the Local Government Act allows municipalities with populations over 5,000 to increase the number of nominations from the traditional two to either 10 or 25. The intent is to discourage "frivolous" candidates who may not bother to campaign or to show up at all-candidates' meetings.

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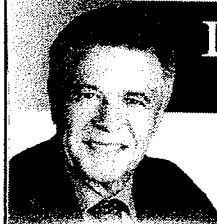
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Local groups recognize their donors with imaginative displays

TWO local associations are making sure donors to their fund-raising appeals get the recognition they deserve by posting their names on attractive displays at their headquarters.

Cordova Bay 55 Plus Association is using a large colour photograph of the beach donated by Tony de Goutiere as a centre-piece, surrounded by replicas of local sea life and birds, each bearing the name of a donor. A \$200 contribution earns a seashell, \$500 a seagull, \$1,000 a salmon, \$2,000 a flight of ducks, and \$5,000 an orca. A brass plaque will acknowledge a contribution of \$10,000 or more.

Donations of less than \$200 are also welcome and a tax receipt will be issued for all donations of \$20 or more. Cash, securities or cheques made payable to CB 55 Plus Association will be accepted.

Donations can be mailed to P.O. Box 41001, 5134 Cordova Bay Road, Victoria V8Y 3C8 or dropped off at the CB 55 Plus office in Cordova Bay Elementary School, 5238 Cordova Bay Road.

The **Cordova Bay Soccer Club's** FELPS (Field Enhancement Lochside Park Soccer) Wall will be unveiled this fall. It consists of a computer-generated soccer field divided into pieces of turf, each containing the names of sponsors.

The smallest piece of turf, containing one name, will cost \$50. The larger the donation, in multiples of \$50, the larger the area of turf with a larger donor name or multiple names.

All donations are eligible for a tax credit. For more information contact Frank Leversedge at 250-658-5964, email flevers@shaw.ca.

Cordova Bay Day raised \$1,800 for the community

By Sally Tuckey

UNLIKE last year's celebration Cordova Bay Day was held under clear blue skies and sunshine. As has happened in previous years the event took place in two venues: first at the McMorran's family restaurant's patio and environs, where Wallace and his father Eric, both in formal chef's attire, cooked up hot dogs for all.

Eric's brother Bruce dished out ice cream nearby—all food donated by the family.

In the adjacent Lookout Room saw a Silent Auction with 55 items to bid for, (solicited this year by community supporter Greg Stanley and tended by the Cordova Bay Association's Penny Joppe) as well as a display of Cordova Bay past in the form of both historical photos (arranged by the Association's Janice de Cunha), and quite a number of interesting historical items owned by the McMorran family. Background music was provided once again by Perros Libre.

Special thanks to our sponsor Scotia-Bank and local manager Bill Purkis for providing the means to have the band with us, and to Stephen Ingle of Edward Jones for making provision for the clown's attendance.

Thanks as well to all those donors to the Silent Auction whose contributions made it possible for the Cordova Bay Association to provide more than \$1,800. for community benefit. And on to next year!

For photos of Cordova Bay Day taken by Sally Tuckey and Val Baba go to the news page of the Cordova Bay Association website www.cbasn.com.

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Margaret Moore served our community for many years

FOR MORE than two years, Margaret Moore fought a courageous battle with the brain cancer that forced her to step down from her long association with the volunteer distribution of *The Cordovan*.

She died on July 20 in the palliative care unit at Saanich Peninsula Hospital, a few days after the 47th anniversary of her marriage to Joe Moore.

Margaret will be mourned not only by her extended family, but by her many friends in Cordova Bay. She volunteered countless hours in support of many causes and her cheerfulness and gracious smile remained during her long illness.

A celebration of Margaret's life was held on August 1 in Christ Church Cathedral, where she was baptized, confirmed and married and served as a bell ringer during her teens and twenties.

In lieu of flowers, it was suggested that donations be made to the Canadian Cancer Society or the Palliative Care Unit at Saanich Peninsula Hospital.

How to check if you are on the Saanich voters' list

SAANICH municipality's web site offers an easy way to check if you are on the voters' list and eligible to vote in the forthcoming municipal election.

Entering <http://www.saanich.ca/webapp/voter/default.jsp> takes you to a simple questionnaire asking for your name and address. If you are not registered, this does not mean you will be unable to vote, but you will have to register at the polling station, completing a form and producing two pieces of identification showing your name and address.

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If you are interested in any of the above programs or would like more information about our church, phone 250-658-8111 or see our website, www.elklakebaptist.com.

Ingrid Heckel

Realtor

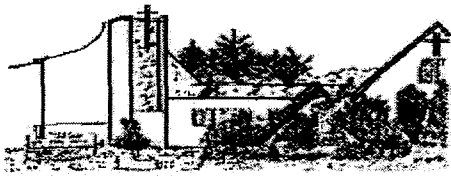
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**Sundays : 8:00 a.m. Said Eucharist
10:00 a.m. Family Service.**

Thursdays : 10:00 a.m. Said Eucharist

You may have noticed that we have renewed two of our buildings' roofs, renovated part of the space inside for the Pacific Dance Centre, sold two properties beside the church buildings and have gained permission from Saanich council to rezone a critical green space behind the church for children, especially for the Cordova Bay Preschool.

We are attempting to not just renovate and rethink our physical space but also to reconnect with the surrounding community and rethink our own inner space as to who we are in the modern age and in the Cordova Bay community. In other words, we are looking for a new way of being in the world and to be part of the community. We would appreciate your feedback, your thoughts, even your participation in helping us reshape the Anglican Church of St. David into a community (Anglican?) church that serves the community.

Would you like to be part of this conversation? Would you like to rewrite what it is to be a Christian in the modern world? Then you would be welcome here! Call us at 250-658-5022 or drop by and visit for worship. We promise we will not make you feel uncomfortable, or tell you that you are going to hell unless you repent or that we want your money. What we want is to share journeys, stories and recreate the Church (the people, not the buildings) into a spiritual entity that exists to serve others, not itself.

By inviting others into this community we seek to actively put the best words into practice and seek to "repair the world" of at least some of the harm that we have caused. We cannot do that without others.



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Cordova Bay United Church

813 Claremont Avenue

Rev. Bill Cantelon
Beth Walker
Judy McLelan
Pat Shumka
Jane Shumka

Congregation Ministry
Youth Ministry
Office Administration
Music Ministry & Organist
Children's Ministry

Phone: 658-5911 ~ Fax: 658-5937

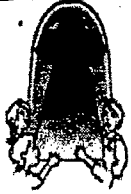
Church office hours: Monday - Friday 9:00 a.m. - 1:30 p.m.

E Mail: office@cbunited.ca Website: www.cbunited.ca



Worship Service ~ Sundays @ 10:00 am

"We are an inclusive community of Christians called to serve God faithfully through love for the world and its people".



Children's Ministry

Sun. Sep 14th ~ 10 am ~ Welcome Back Pack Sunday

Join us as we gather on Back Pack Sunday.

We recognise the journeys we have been on this summer, gather as a community of faith to begin a new journey. Bring your book bag or back pack, whatever you use for your journeys this fall we will have a time to bless our upcoming journeys.

Youth Ministry

Senior Youth Troop (Grades 6 - 12)

~ Fri. Sep 19th ~ 6:30 pm to 8:30 pm.

We will meet in the Church Hall for Pizza & Survivor Games. All youth welcome

Family Ministry

Family Time Together -

Fri. Oct 3rd 5:30 pm to 8:30 pm - Pizza & Games night.

For families of all ages events such as "Games & Giggles" and movie nights are scheduled.



Healing Services ~ Everyone welcome.

Sun. Sep 14th ~ 7pm

Sun. Oct 19th ~ 7pm

Sun. Nov 9th ~ 7 pm

Come, join us for an inspirational evening of candle lighting, silent meditation, music and prayers for healing and renewal.



"On the Ridge" Craft Fair

Saturday, November 8th ~ 10:00 am to 4:00 pm

Featuring a wonderful selection of high quality, juried crafts.

Live music while you shop provided by Brad Prevedorus on his classical guitar.

Homemade soup, cookies, muffins & hot beverages.

Tables available - please contact Linda at (250) 652-3184.

Admission \$1 to charities. Wheelchair accessible.



Carrot Seed Preschool

813 Claremont Avenue, Victoria, B. C. V8Y 1J9

Phone: 658-2331 Fax: 658 5937

Email: carrotseed@cbunited.ca

Website: www.carrotseedpreschool.com

Ages 3 - 5 years ~ 2, 3, and 5 day programs

The Carrot Seed is where children can wonder, discover, imagine, construct and learn through play in a wonderfully rich environment. Spacious natural playground. For children, this is just a whisper, a brief moment, in which they can enjoy the richness of childhood spaces.